



# **National Service Scheme**

## **Webinar Report on**

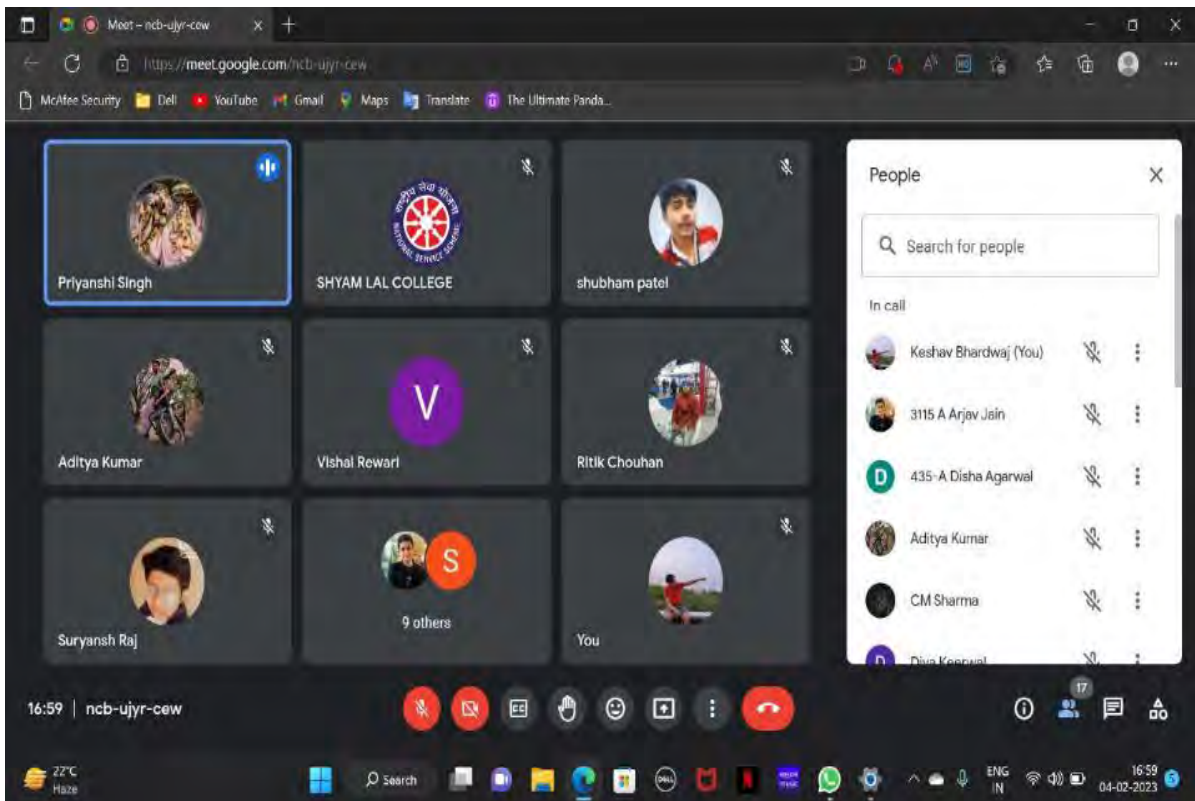
### **“Group Discussion on World Cancer Day”**

**4<sup>th</sup> February, 2023**

On 04<sup>th</sup> February 2023, the NSS unit of SLC, University of Delhi conducted a webinar on the theme “Role of healthy lifestyle in reducing cancer”.

The webinar was conducted on Google Meet and saw a participation of around 15-20 participants. Various crucial points like In today’s lifestyle like unhealthy eating habits, Stress, Hypertension, less physical work, and various other points that contribute to cancer were discussed. Topics like How can the youth improve their lifestyle and avoid the influence of Drugs and various other cancer-causing agents of the modern world and How Yoga and meditation will help them immensely in making their lifestyle better, were discussed.

The goal was to spread awareness for a healthy lifestyle and make a cancer free society for tomorrow.





**SLC**(University of Delhi)  
**SHYAM LAL COLLEGE**

# **NATIONAL SERVICE SCHEME**

Organises

## **Group Discussion**

**Theme -"Role of healthy  
Lifestyle in reducing Cancer."**



**4th February, 2023**



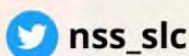
**04:30 pm**



**Venue - Google meet**

**Dr. Prabhat Sharma**  
(Programme Officer, NSS)

**Prof. Rabi Narayan Kar**  
(Principal , SLC )



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**National Service Scheme, Shyam Lal College, Du**



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