

# **EXAM GUIDING WEBINAR**

No. Of Participants: 77

Date : December 18th, 2023

On **December 18<sup>th</sup>, 2023**, a webinar on exam preparation was conducted by UDGAM Society for first-year BA program students by the senior students through Google meet. The aim of the webinar was to equip the freshmen with practical tips, techniques, and resources to excel in their upcoming examinations. Our main objective was to provide first-year BA program students with valuable insights and strategies for effective exam preparation. In the webinar we have talked about:-

**Time Management:** Seniors emphasized the importance of time management in exam preparation, suggesting techniques such as creating study schedules and allocating specific time slots for each subject.

**Effective Study Strategies:** Various study strategies were discussed, including active learning techniques such as summarizing notes, creating flashcards, and engaging in group study sessions.

**Utilization of Resources:** Seniors shared recommendations for utilizing available resources such as textbooks, online platforms, and academic journals to enhance understanding and retention of course material.

**Stress Management:** Strategies for managing exam-related stress were addressed, including mindfulness techniques, regular breaks, and maintaining a healthy lifestyle.

**Mock Tests and Practice Papers:** The importance of practicing with mock tests and previous years' question papers was highlighted to familiarize students with the exam pattern and enhance their confidence.

**Seeking Help:** Seniors encouraged the students to seek help from professors, classmates, or academic support services whenever they encounter difficulties or have questions regarding course material.

The webinar was concluded with wishing them good luck and providing them access to study materials and previous year questions prepared by UDGAM Society members.