

Title of the Programme: Coping with Covid-19: Psychological and Immunological Aspects

Date: 29 May 2020

No of Participants: 250

B.A. Programme Society Udgam conducted a national webinar on ‘**Coping with Covid-19: Psychological and Immunological Aspects**’ on 29th May, 2020. The idea of the programme was to help students with their queries related to the virus and how they could manage the distressing psychological effect being inflicted by the virus especially due to lockdown. The eminent speakers were Prof. Girishwar Misra, (former Vice Chancellor, Mahatma Gandhi Antarrashtriya Hindi Vidyapith, Wardha & retd. Professor, Department of Psychology, University of Delhi) and Prof. Anju Shrivastava (Professor, Department of Zoology, University of Delhi). The webinar was a great success where more than 250 participants registered from all over the country. Prof. Girishwar Misra elaborated about various psychological aspects of human being which can help in coping with Covid-19. Second speaker Prof. Anju Shrivastava, explained in an interesting way the scientific and immunological aspect of COVID 19. It was very well appreciated by the participants. The response of the students was overwhelming and they came up with several queries. The programme was organized by the **student team of B.A. Programme Society UDGAM:** Akash Sharma, Priyanka, Shreya Singh, Parul, Harsh Verma, Vikas Sharma, Anikeat Baldotra, Ankita Verma, Atiya, Amit Pathak, Anchal, Arpit Arora, Ankur Kumar, Anushka Tiwari, Avidha, Chhavi Gulia, Chirag, Deepak Soni, Hema Kumari, Harsh Vardhan, Kartikeya, Keshav, Lisha Anand, Monika Patil, Manik Dedha, Nabihha Fatma, Prakriti Mishra, Prachi Verma, Parul Rajawat, Prakriti Raina, Rahul Giri, Roopali Negi, Riya, Riya Lalit, Shivam Yadav, Shubham, Shreya Sharma, Shivangi Sharma, and Tanya Suhane. All the events and programmes were conducted and managed by the entire student team of B.A. Programme Society UDGAM. The constant support and guidance of the Principal, Prof. Rabi Narayan Kar and the college administration have helped and motivated the society to smoothly conduct all its programmes. The participation of the teachers who are teaching in BA programme namely Dr. Ramesh Burnwal, Dr. Rekha Kaushik, Dr. Surbhi Sehgal, Dr. Ameswar Naik, Dr. Gayatri Chaturvedi (Convenor), Dr. Bharat Garg and Mrs. Rapti also helped in the smooth functioning of the programme. **(Photographs Attached)**


SLC (University of Delhi)
 Shyam Lal College
 

B.A. PROG. SOCIETY (UDGAM) & IQAC

Present a Webinar on

Coping with COVID 19:
Psychological & Immunological Aspects

<p>Prof. Girishwar Misra Former Vice Chancellor, Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya, Wardha & Retd. Professor, Dept. of Psychology University of Delhi</p>	<p><i>Speakers</i></p>	<p>Prof. Anju Shrivastava Professor, Dept. of Zoology University of Delhi</p>
<p>29th May, 2020 (Fri) 3:00 PM – 5:00 PM</p>		

<p>Dr. Gayatri Chaturvedi Convenor, B.A. Programme</p>	<p>Dr. Kusha Tiwari Coordinator, IQAC</p>	<p>Prof. Rabi Narayan Kar Principal</p>
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Registration link-
<https://forms.gle/KDAq3yNstd3TPCzx6>

Scan to register 

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**Webinar “Coping with Covid-19:
 Psychological and Immunological Aspects”
 BA Prog. Society Udgam, 29 May, 2020
 Convener: Dr. Gayatri Chaturvedi**

