

**Women Development Cell**  
**In collaboration with IQAC**

**CAREER COUNSELLING REPORT**

**On**

**‘CAREER COUNSELLING: The SWOT Analysis’**

The Women Development Cell of Shyam Lal College, in collaboration with IQAC, organised a one day session on the ‘Career Counselling: The SWOT Analysis way’. The session held on 25<sup>th</sup> August, 2017 under the able guidance of Dr. Aradhana Sharma, basically focused on problems undergrads face in choosing the right career options as soon as the graduation’s three years approaches towards its end. The introduction and opening remarks were offered by the Counsellor on the initial confusion that goes usually in the students in this phase of life. In the beginning of the session, counsellor highlighted the issues faced by the students in choosing the best career option. She discussed lot of common problems that majority of students’ faces while choosing a right career path based on the opinion of their seniors, parents and teachers based on marks. However, most of the parents’ guide them towards a routine job with a fixed monthly salary. Worst is the situation when the career choices are drawn based on the peer pressure exerted by the society. Here a major role is often played by the neighbours, relatives or friends. Sometimes, even parents do not support their children if he/she experiments to follow something different and novel in nature. She explained the importance of conducting this session as at this point the young minds sail through the turbulent times and at this time they should be guided and helped properly.

Counsellor somewhat shared her experiences of schools and shared her personal story about his career. She suggested that students should always choose a

career which suits their interest and matches one's values. In this day and age, where there are so many career options young students decipher and by taking into account the apprehensions of the students. The counsellor recommended a few options that is after Graduation. The students may opt for learning ahead in search of more of conceptual clarity and pursue Post-Graduation degree. In the subsequent phase, they may master in her/his own subject if s/he is interested in research work.

The professional courses like CS/ICWA are even commonly chosen by many of the commerce undergrads. Then there are a few foreign based professional degrees for instance, CMA/CFA/ACCA/CPA that one can go for. MBA is a buzz word these days. This Degree encapsulates a managerial skillset learning with no bounding on stream/discipline. Any Graduate student may apply for this despite the discipline learned so far. Diploma courses, civil services and many more courses were suggested and explained to the students in a concise manner. He further elaborated one should always Understand his cognitive, functional skills in order to choose any of the career option. He/she shouldn't see what others are pursuing and doing. One should always go for the way which comforts them and convinces /suits them the most. She advised that one should always try to find their weaknesses and strengths. She even added that human capacities are infinite and can never be measured, nor one can judge what the other person can do. Every person has unique characteristics. This was one of the most interactive and appreciated session. There were many feedbacks and suggestions of all can achieve as well as enjoy their career. The session was attended by 45 students.



# **SLC (University of Delhi) Shyam Lal College**

**WOMEN DEVELOPMENT CELL**  
In collaboration with IQAC

**ORGANIZES**

**Session on  
Career Counselling: The  
SWOT Analysis**

**25 August, 2017  
9:00 AM**

**Counsellor  
Dr. Aradhana Sharma**

**DR. ALKA SHARMA  
CO- ORDINATOR IQAC & WDC**

**PROF. RABI NARAYAN KAR  
PRINCIPAL**