

SLC (University of Delhi) Shyam Lal College NIRF, NAAC ACCREDITED UNDER DBT STAR COLLEGE PROGRAMME









Event Report on

"Women Health and Hygiene Awareness Programme"

Organise by

WDC in collaboration with NSS

ABOUT WDC

SLC (Shyam Lal College), in its efforts to sensitize the students and the faculty towards gender equality and harmony, has formed the Women Development Cell (WDC) in the academic year 2015-16. The important events organized and initiatives taken by this Centre has evidently opened the minds of the students to newer ways of thinking. WDC has taken up cross-cutting issues related to professional challenges and social anomalies etc.

The cell is a forum for debate, interaction and meditation on a range of issues concerning gender, sexuality, inequality, discrimination, empowerment, crime against women. The WDC aims to create awareness around gender issues, injustices against women and facilitate an atmosphere free of gender discrimination and prejudices on the campus. It not only provides platform for deliberation and dialogue but also initiates the process of resolving gender perceptions prevalent in contemporary times.

ABOUT NSS

NSS unit of Shyam Lal College (SLC) has made a remarkable footprint and is devoted to community service and volunteering for different causes round the year 2021. It is very dynamic and has been playing a major role by providing various opportunities to students to learn and contribute to the fields of the welfare of society by involving the youth in various social causes. It aims at inculcating human values, dignity of labour, self-confidence and discipline among volunteers. NSS volunteers of our college work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity.

PROGRAMME

WDC in collaboration with NSS of SLC organises two-week awareness program on "WOMEN HEALTH AND HYGIENE" from 18-30th October 2021. Two-week awareness program was initiated on 18th of October under the guidance and support of our respected, Prof. Rabi Narayan Kar, Principal, SLC, Prof. Kusha Tiwari, Convenor WDC and Dr. Prabhat Sharma, Programme Officer, NSS. The event starts with the interactive session of Prof. Rabi Narayan Kar with volunteers of NSS and WDC. Prof. Rabi Narayan Kar blessed and motivates all the volunteers regarding this noble cause.





18th Oct, 2021

On the first day of the two-week awareness program (18th of October, 2021) the faculty members and volunteers of NSS and WDC visited Govt. Sarvodaya Vidyalaya (Gandhi Memorial), Shahdara to educate female students of Govt. Sarvodaya Vidyalaya towards "Menstrual Hygiene Awareness Campaign". The event starts with a knowledge enriching session with female students of class 11th and 12th. This event focuses on creating awareness among female students regarding menstrual hygiene and personal sanitation. Disposable marks and sanitary napkins were distributed among female students of Govt. Sarvodaya Vidyalaya. More than 25 students participate in this event.











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WOMEN HEALTH AND HYGIENE AWARENESS PROGRAMME

"Menstrual Hygiene Awareness Campaign"



21 Oct, 2021

On 21st of October, 2021 NSS and WDC organise an awareness drive on "Diet and nutrition for pregnant women" in the slum area. The sole aim is to spread awareness of Diet and nutrition for women and the importance of healthy eating. Faculty members and volunteers of NSS conduct an interactive session on "Diet and nutrition" with women living in slum area near Shahdara. More than 32 students participate in this event. After the interactive session fruits and other healthy eating were distributed among the women of the slum area in Shahdara.













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WOMEN HEALTH AND HYGIENE AWARENESS PROGRAMME

"Diet and Nutrition For Pregnant Women"



30th Oct, 2021

On 30th of October, 2021 volunteers of NSS and WDC organise an awareness drive of "Personal Health and Hygiene "of women in Shahdara. The event starts with interactive session of the faculty members of WDC and NSS with volunteers. After the interactive session, two teams were formed. First team visit Shahdara Mandi and second team visit slum in Navin Shahdara. More than 42 students participate in this event.





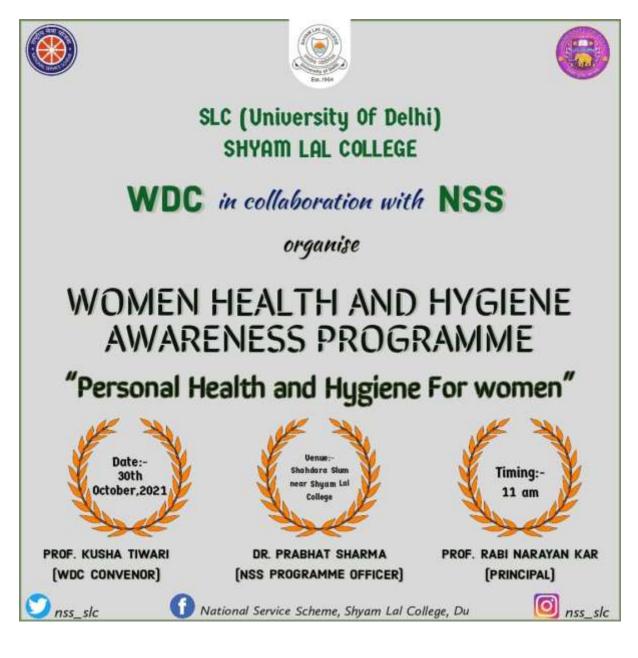








The Aim of the event was to spread awareness of personal health and hygiene among the women. Volunteers interact with the women in Shahdara Mandi and slums and explain the importance of Personal Health and Hygiene espically in the times of Covid-19 pandemic and rising case of dengue in Delhi. Volunteers also distribute paper soap, toothpaste and toothbrush, face mask etc. Event was conducted with all the Precautions and Covid-19 Guidelines.



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