



Centre for Holistic Development

Annual Report 2019 – 2020

Shyam Lal College, in its effort to maximize the teaching learning outcome, has established CHD that offers unique platform and opportunity to the students to have a wholesome learning experience. The important events organized and initiatives taken by this Centre has evidently opened the minds of the students to newer ways of thinking. CHD has taken up cross-cutting issues related to professional challenges and social anomalies etc. It is efficiently working with the support and guidance of our respected **Principal Sir, Dr. Rabi Narayan Kar.**



Faculty team of CHD - Dr. Seema Dabas (Convenor, CHD), Dr. Ruchika Ramakrishnan, Dr. Gayatri Chaturvedi, Dr. Mast Ram, Dr. Vivekanand Nartam and Dr. Prabhat Sharma &

Student team: Bharti Ahuja (Team Leader), Gaurav Thapliyal (Team Leader), Shivam Singh, Namrata Raghuvanshi, Mayank Bucha, S. Siddharth Mishra, Tanisha Kalra, Prince Mehta, Nishtha Batra, Himanshu Goel, Suraj Singh, Ritika, Mitakshi Khetwal, Gautam Porwal, Archit Aggarwal, Akansha Sachdeva, Kaveri Tripathi and Sparsh Tandon.

It has organized following events during the academic year 2019-2020 to promote the wholesome learning experience among students.



Orientation Programme

On 3rd September 2019, the Centre for Holistic Development (CHD) of Shyam Lal College, University of Delhi had organized an orientation programme for its members. The aim behind organizing such program was to provide new members the knowledge of the functioning of society, to create a sense of belongingness among existing and new members and to reduce anxiety among new members. The event was successful because of the great efforts put by the team under the guidance of Dr. Seema Dabas (Convenor, CHD).



National Youth Festival 2.0



On 13th and 14th January 2020 the Centre for Holistic Development (CHD) of SLC, University of Delhi, had organized in its premises the National Youth Festival 2.0 "Sanskar-Sanskriti-Samridhi". The Objective of the festival was to inculcate the spirit of Holistic Development which is a vital requirement for our overall growth as an individual.

The event was a great success and it could not have been possible without the formidable efforts and vehement guidance of Prof. Rabi Narayan Kar (Principal, SLC) and Dr. Seema Dabbas (Convenor, CHD). We felt highly honoured to have Mr. Rajneesh Jindal, State Convenor of YUVA and editorial team member in Campus Chronicles as our Chief Guest. He applauded team CHD for organising such a unique thought festival which heal so referred to as the need of the hour. The festival consisted of various well thought events.

The events of the first day were – 'Narad of the 21st Century', 'Crossroads' and 'Rangotsav' followed by 'Pen it Down', 'The Vedic Enigma' and 'Games of brushes' on the 2nd day.

A poster for the National Youth Festival 2.0, Sanskar-Sanskriti-Samridhi, organized by the Centre for Holistic Development (CHD) of SLC, University of Delhi. The poster features a yellow background with a cityscape illustration at the bottom. It lists the following events: PEN IT DOWN (An Essay Writing Competition), CROSSROADS (An Ethical Dilemma Game), THE VEDIC ENIGMA (Shloka Recitation Competition), RANGOTSAV (Rangoli Competitions: Colors which matter), NARAD OF 21ST CENTURY (Quiz on Indian Mythology), and GAME OF BRUSHES (A Poster making Competition). The poster also includes a QR code for registration and the names of the convenor and principal.

SLC (University of Delhi)
CENTRE FOR HOLISTIC DEVELOPMENT (CHD)
presents
National Youth Festival 2.0
Sanskar – Sanskriti - Samridhi
on 13th & 14th January, 2020
at SLC Campus
Inter College Events:

- PEN IT DOWN
• An Essay Writing Competition
- CROSSROADS
• An Ethical Dilemma Game
- THE VEDIC ENIGMA
• Shloka Recitation Competition
- RANGOTSAV
• Rangoli Competitions: Colors which matter
- NARAD OF 21ST CENTURY
• Quiz on Indian Mythology
- GAME OF BRUSHES
• A Poster making Competition

Dr. Seema Dabas (Convenor) Prof. Rabi Narayan Kar (Principal)

Faculty Team: Dr. Ruchika Ramakrishnan, Dr. Gayatri Chaturvedi, Dr. Masti Ram Rao, Dr. Vivekanand Narain & Dr. Prabhaj Sharma

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The events proved to be a huge success as we received a footfall of more than 500 from different institutions and diverse fields. The winners were felicitated by Dr. Seema Dabas and Dr. Ruchika Ramakrishnan in the valedictory ceremony with trophies and certificates. Vote of thanks was given by Dr. Seema Dabbas Ma'am.

✚ Seminar on “Calmness in Chaos”

On 23rd January 2020, the Centre for Holistic Development (CHD) of Shyam Lal College, University of Delhi had organized an interactive session “Calmness in chaos” in its precinct. The aim behind organising said session was to teach people the discipline, wisdom, virtue, self-actualization, healing anger, etc. which are required during hard times and need of the hour. The session witness speakers from the Brahma Kumaris, the largest spiritual organization led by women. They applauded the team CHD and teacher fraternity for organizing the session. The session was a success due to the efforts put by the team and edifying guidance of Dr. Rabi Narayan Kar (Principal, SLC) and Dr. Seema Dabas (Convenor, CHD). The Enlightenment put by the speakers led to creation of positive environment in the seminar hall. The session was quite interactive from both sides which was visible from the enthusiasm among students. The Faculty members applauded the team for organizing event in a short span of time.

SLC (University of Delhi)
Shyam Lal College

CENTRE FOR HOLISTIC DEVELOPMENT
organizes
An Interactive Speakers' Session
On the topic
“CALMNESS IN CHAOS”

Speakers:
Sister BK Thara & Sister Preeti
(Faculty members of Rajyog Education and Research Foundation)

Date: 23rd January 2020
Venue: Seminar Hall

Time:
12 PM Onwards

Dr. Seema Dabas
(Convenor)

Prof. Rabi Narayan Kar
(Principal)

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