



JAGRITI

Rolling Project Report

(2017-19)

Submitted to

Academic Affairs Monitoring Committee

Shyam Lal College

University of Delhi

By

NSS Team

Shyam Lal College, University of Delhi

CERTIFICATE

This is to certify that the present Rolling Project entitled “JAGRITI” is based on Community Service initiatives taken by the NSS Unit, SLC during 2017-19. It has not been submitted in part or full for any other certification of any University.

Dr. Kavita Arora
NSS Programme Officer
Shyam Lal College
University of Delhi

Prof. Rabi Narayan Kar
Principal
Shyam Lal College
University of Delhi

Project Team

Mentors : NSS Faculty Team

- Dr. Kavita Arora, Programme Officer
- Dr. Seema Dabas, Member
- Dr. Anil Thakur, Member
- Ms. Sumanjeet Kaur, Member
- Ms. Suman Rani, Member
- Ms. Mamta , Member
- Mr. Amit Kapoor, Member

NSS Student Team

- Abhay Oberoi, President
- Sai Vaishnavi Majety, Vice President
- Rohan Kumar, General Secretary
- Aatif Haider, Joint Secretary
- Gaurav Singh, Treasurer
- Bhavya Aggarwal, Content Head
- Tushar Goyal, Member
- Rahul Singh, Member
- S. Kamal Singh Gusain, Member
- Piyush Kumar, Member
- Krishna Kumar, Member

Acknowledgments

We would like to express our gratitude to Prof. Rabi Narayan Kar, Principal of Shyam Lal College, who provided us with the guidance, advice, inspiration and direction to work towards this project.

With gratitude, we acknowledge the guidance, and suggestions we received from Dr. Kavita Arora (NSS Programme Officer), Dr. Seema Dabas, Dr. Anil Thakur, Ms. Sumanjeet Kaur, Ms. Suman Rani, Ms. Mamta, Mr. Amit Kapoor, required for the successful attainment of different activities undertaken inside as well as outside the college premises. We acknowledge with thanks the support and valuable time spent by them.

We are thankful to Sh. J.S. Chauhan, Administrative Officer, SLC for providing us necessary help and encouragement in the completion of this work. We are also thankful to Mr. Rajkumar for providing the necessary office assistance. We would like to express our sincere thanks to the non-teaching staff for extending their invaluable cooperation and timely help.

We would also like to thank the students of the college who were not involved directly in the project but still assisted us in the completion of this project and worked towards the betterment of the society.

Table of Contents

Topics	Page No
Introduction.....	- 6
Swachhta Campaign.....	- 8
Community Service.....	- 19
Blood Donation.....	- 32
Revival of Compost Pit.....	- 36
Sustainable Development.....	- 38
Self Defence Camp.....	- 39
Media Coverage.....	-40
Conclusion.....	- 41

Introduction

The objective of the National Service Scheme is “development of the personality of students through community service”. The programme aims to inculcate social welfare in students, and to provide service to society without bias. This objective is sought to be achieved by enabling the students to work in community through self-less service, develop appreciation to other person's point of view and also show consideration to other living beings. Keeping this in view NSS unit of SLC has initiated a rolling project entitled “**JAGRITI**” in year 2017. The project is based on community service with special focus on cleanliness and health issues. It also takes care of several social issues, i.e. elderly care, helping underprivileged children and specially-abled students of the SLC, organizing special donation drives during natural disasters etc. As **Jagruti** is a rolling project consisting various community-based activities, it will be taken care by the NSS units of SLC in the forthcoming sessions too.

For this project NSS unit of SLC has undertaken following phase wise activities during the period of 2017-19:

1. **Cleanliness drives:** We have organized several cleanliness drives in and around the college campus, for this purpose our NSS unit has adopted Shahdara Mandi. NSS volunteers and faculty members visited the Mandi to create awareness amongst the vendors about the health hazards of using poly bags. Street plays were also organized by NSS volunteers on cleanliness. In Sept. 2017 a street play was performed on protecting rivers and rejuvenating them via afforestation by the volunteers from “Rally for Rivers” organisation in the college campus. In July 2018 a special cleanliness week was organized focusing on cleanliness, revival of compost pit, awareness rally about plastic hazards in the Sabzi Mandi, Shahdara, Movie Screening on rivers, health and sanitation, and skit performances in nearby govt. school by NSS volunteers.
2. **Health and hygiene-** To create awareness about health and hygiene among the people, students and teaching and non-teaching staff of the college, we have organized a number of health check-up camps in and outside the college premises, i.e.
 - A free eye check-up camp in collaboration with Neera Eye Centre (Jan. 2018).
 - Health care camp in collaboration with MAX Hospital (April 2018).
 - A special lecture on Preventive Healthcare about communicable diseases by doctors of Vedanta Hospital was also organized in the year 2018.
 - A street play and a lecture on leprosy in collaboration with TLM Community Hospital in Feb. 2019.
 - We also organized a free Health Check-up Camp in Hanuman Seva Basti, Jhilmil on 9th April, 2019 in collaboration with National Medicos Organisation. free health checkup by team of experienced doctors was provided to around 150 residents of basti.
 - Apart from above mentioned health oriented activities Blood Donation camp is a regular activity of NSS unit of SLC.
3. **Elderly care-** To sensitize the volunteers and students about the importance of elderly and the needs of elderly a visit to 'Nayi Duniya - Old Age Home' in East Azad Nagar,

Delhi in Feb. 2018 was organized. Our team interacted with elder people and orphanage children there, besides sharing goodies with them.

4. **Special aid programmes-** NSS unit organised several donation drives from time to time.
 - In Jan. 2018 a special ten days donation drive was organized, and we have collected clothes, eatables, sanitary items for the people living in slum areas of Shahdara Mandi.
 - A special donation camp for the victims of Kerala floods was organized in July 2018 and all the donations were dispersed through Goonj NGO.
 - A book donation camp was organized for the underprivileged and needy children in college premises in Oct. –Nov. 2018 along with a campaign on pollution free Diwali.
 - The NSS unit in collaboration with Skill Development Cell of SLC organized a self-defence camp for girls in Feb. 2018.
 - Helping under privileged students of the slum areas by teaching them, and our volunteers also helped PWD students of SLC by helping them whenever they asked for any help, be it their assignments, taking to and from their classrooms or by answering their queries.
 - A special workshop on road safety and how to respond in emergency situations like accidents, snake or dog bites etc. was organized in collaboration with Mash Project Foundation in Feb. 2019.
5. **Surgical Strike Day** was celebrated on 28th and 29th Sept, 2018. To express their gratitude to the army, students wrote letters and poems which were sent to the Ministry of Defense. Poster making and essay writing competitions were also organized.

The unit was represented at 3 NSS Camps, i.e. Adventure Camp, Pre-RD Camp, National Integration Camp. The NSS Unit has kept the Traditions of serve before self and holds the commitment to continue with same zeal. As its names suggests our Project **JAGRITI** has attempted to inculcate social welfare in students, and has made attempts to provide service to society without being biased. The Approach of our team is very clear and simple; find the needy ones; clarify the way in which the unit can help; do it with unmatched enthusiasm; keep check on the work done.

Swachhta Campaign

NSS Day



26 September, 2017

NSS Day was celebrated with great enthusiasm on 26, September 2017. The day started with an absolutely amazing street play performed on Protecting Rivers And Rejuvenating Them Via Afforestation by the volunteers from –Rally for Rivers” Organisation, which was enjoyed by the students and also taught them the value of rivers and forests. It was followed by a debate competition and an essay writing competition on the topic of Saving Rivers and their importance. Active participation was seen from the students in both the competitions which indeed boosted their morale and helped them to realize that every drop of water is important and how to save it.



With continuing this NSS unit introduced **Rally for rivers** campaign to create awareness about protecting rivers and rejuvenating them on 27 September, 2017. Class to class awareness

programmes were organized for the students about the campaign and many students -did work for the same.

Cleanliness Drive

25 January, 2018

The NSS team organized cleanliness drive on 25th January, 2018 on the occasion of Republic Day Celebration. The Drive was inaugurated by our respected principal Dr. Rabi Narayan Kar. The students actively participated in the drive and cleaned the campus as well as nearby areas of college i.e. college wall, road outside the college etc. Group efforts made this drive success it ought to be. College cleanliness staff helped the students by providing them hand gloves, dustbins, sweepers, brooms etc.



Cleanliness Week

NSS team organized Swachhta Week from 23-31 July 2018, which included following activities:

1. Cleanliness Drive on 23 July 2018,
2. Revival of Compost Pit on 25 July 2018,
3. A step to overcome Plastic Hazard in the Sabzi Mandi, Shahdara on 25 July 2018
4. Movie Screening on rivers, health and sanitation on 30 July 2018 and
5. Skit Performances in school on 31 July 2018.



The principal, Dr. Rabi Narayan Kar encouraged and motivated the students to work hard for the drive and for keeping surroundings clean.



During the drive, students along with their teachers and non-teaching staff cleaned the campus and collected litter. They carried brooms and dustbins along with them. They were also carrying thought provoking placards while raising slogans like- Swachh Bharat, Swasth Bharat; Swachh Bharat, Samridh Bharat etc.



The main aim of the event was to raise awareness about health, hygiene and clean surroundings and to spread the message of cleanliness among others. The cleanliness activity was carried out with much zeal and enthusiasm. After successfully completing the cleanliness drive, the students were happy that they did something good for their society and environment.



A Step to Overcome Plastic Hazard

25 July 2018

The NSS unit of Shyam Lal College organized a visit of the students to Sabzi Mandi, Shahdara (Delhi).



The main aim of the visit was to create awareness about the harmful effects of polythene bags on the environment. It was to encourage the vegetable and fruit vendors and local shop keepers to use carry bags made up of fibre instead.





Students, along with their teachers went to the vendors to distribute free samples of fibre bags. Students also helped the sellers to understand various other things like from where and how they can purchase such bags while not letting the change effect their profits or sales.



The visit was a success as many sellers showed their interest and concern regarding the issue. Also the visit provided an opportunity for the students to interact with the local shopkeepers and vegetable sellers which in turn sensitized the students.

Movie Screening

30 July 2018



The NSS unit organized a movie screening at around 12 in the afternoon in seminar hall. One short movie and two documentaries were screened. The short movie was named Swachh Bharat, which was produced by Mountain Mover Pictures. It was about maintaining cleanliness in our surroundings.



A documentary named - Plastic Pollution in India, highlighted many dangerous effects of excessive use of plastic in our country. The other documentary was - The Yamuna, India's most Polluted River. It was produced by The Guardian. It focused how the people have slowly led to the death of river Yamuna.



The main aim of the movie screening was to make the students aware about various harmful effects of not keeping our surroundings clean, excessive use of plastic and improper disposal of waste.



After every screening, Dr. Kavita Arora, the convener of NSS provided the students with more insights about the ill effects and ways to combat the pollution. The event was successful as the students got a chance to gain knowledge through a fun and enjoyable way.

Skit Performance in School

31 July 2018

The NSS volunteers performed a skit in Govt. Sarvodaya Kanya Vidyalaya and Govt. Sarvodaya Bal Vidyalaya Memorial School, at around 12:30 and 2:00 in the afternoon respectively.



Govt. Sarvodaya Kanya Vidyalaya

The skit followed a simple and easy to understand plot. It contained moral and ethical message of keeping the surroundings clean and maintaining hygiene.



Govt. Sarvodaya Bal Vidyalaya Memorial

The main aim of performing the play was to create awareness among the school students about the importance of cleanliness and hygiene in the surroundings. After the performance, a question and answer session was held. The students were cleared about their doubts and queries.



Govt. Sarvodaya Bal Vidyalaya Memorial

The event was successful as the students of both the schools enjoyed the play very much. They showed great interest. The event ended on a good note and learned the importance of health and hygiene in their surroundings.



Govt. Sarvodaya kanya Vidyalaya

Community Service

Donation Drive

3 January, 2018

Donation Drive was organized for 10 days which started from 3rd January till 12th January. Irrespective of the weather conditions the NSS volunteers sat throughout the day collecting donations for a noble cause. All the students and teachers actively participated in the drive. The donation was done in the form of donating clean clothes, bags, stationary, medicines, eatables and other items necessary for the sustainability of life. All the items were collected throughout the drive were distributed amongst the underprivileged people of the slums (Hanuman Basti, Shahdara Mandi) located near the college.





Free Eye Check-up Camp

17 January, 2018

A free Eye check-up camp was organized in the college campus on 17th January in collaboration with Neera Eye Centre. Dr. Surender Kumar with his team from the centre was present for this purpose. Around 200 people, including students, staff members and the non-teaching staff of the college participated in the camp. The Principal as well as Dr. Surender Kumar expressed their gratitude towards the NSS team for their effort to provide health facilities to students. The examined people were satisfied with their treatment and were happy that such a facility was easily availed by them.



Old Age Home Visit

1 February, 2018

NSS volunteers visited 'Nayi Duniya - Old Age Home' in East Azad Nagar on 1st February. The old people stay in this home and are treated with utmost care and respect. NSS wanted the volunteers to know the importance of an old hand in the home and to bring them closer to their grandparents. When visited the place, the people of the old age home were happy and excited to meet students and talked for hours about their experiences, learnings and gave some advices to the students which were useful regarding the essence of life. The aim of this visit was to sensitize the volunteers towards the needs of senior citizens and gave them a new irreplaceable



experience.

Helping Under Privileged Students

Our fellow college students are the people we meet daily but not all of them are provided with the same facilities. Hence the team of NSS has taken up the initiative of educating the specially challenged students by providing extra help or classes to the blind students. Volunteers from our college also visited the slums surrounding the college to teach the children who are willing to study after the college hours. It was a small effort done to light the fire in the future generation of students and to enlighten them on the right path. Volunteers also helped the PWD students to help in their curriculum by helping them in their class assignments, by reading them newspapers, by answering their queries.

Health Care Camp

10 April, 2018

Health care Camp was organized on 10th April in collaboration with MAX Hospital. Specialists from the Hospital were invited to provide a routine health check up to the students and staff members of the college. About 57 students and 18 staff members including 5 teachers, 7 guards and 5 non-teaching staff actively participated in the event. A special lecture on Preventive Healthcare by Dr. Jasjeet Wasir, Vedanta Hospital was also organized for the students and teachers about communicable diseases and how to prevent them. Preventive measures in case of detection of dengue, malaria, etc. were also elaborated.



Kerala Flood Donation Camp

24 August 2018

The NSS unit of Shyam Lal College organized a donation camp for the victims of Kerala floods. In late July 2018, severe flooding affected the Indian state of Kerala due to unusually high rainfall during the monsoon season. It was the worst flooding in nearly a century, in which over 373 people died.

The students of NSS unit organized a donation camp from 21st to 27th august 2018, inside the college premises.



The donation items were collected mainly in three categories i.e. – clothes; non perishable food items like rice, pulses, salt, etc. and health and hygiene related items like sanitary napkins, tissue papers, general medicines etc.



The students from NSS unit encouraged their fellow students to make donations. Even when it rained, the volunteers remained at the camp and maintained records. Many members of teaching and non-teaching staff also made generous donations.



The items collected at the donation camp were sent to Goonj NGO which is very well-known for undertaking disaster relief, humanitarian aid and community development in number of states across India. The NGO took the further responsibility of transporting the items to the relief camps of Kerala.



The donation camp turned out to be a huge success as it received very generous donations. One could say it happened because of the dedication of the whole NSS team.

Book Donation Camp & Campaign for Pollution-Free Diwali

3 November 2018.

The NSS unit of Shyam Lal College organized a book donation camp in college premises from 31st October to 2nd November 2018. The principal of the college, Dr Rabi Narayan Kar, inaugurated the event.

The main aim of the event was to encourage the students to donate their old books for the betterment of unfortunate and needy children. It also aimed at making the students aware about the importance of the books.





Along with the donation camp, the volunteers of NSS unit also prepared an oath board and signature campaign for pollution-free Diwali. It aimed at encouraging students to take a stand against bursting fireworks on Diwali.

The principal encouraged the NSS team for their efforts and signed the oath board. Many other teachers and non-teaching staff also donated a number of books and signed on the oath board. The NSS unit sent the books collected in the donation camp to Guzarish – Books for All, a social mutual fund from where the books would be shipped to a number of NGOs



based on their requirement. Both the events were a grand success as the team received a number of books and many students took the oath of pollution-free Diwali.

Workshop on Road Safety

1 February, 2019

The NSS Unit of Shyam Lal College, University of Delhi organized a workshop on road safety in collaboration with Mash Project Foundation. The workshop was organized on 30th January'19 from 12:30 onwards inside the college premises.



Many students, along with the teaching and non-teaching staff attended it. The main aim of the workshop was to make the students aware about how important road safety has become in today's world. It was to make them understand how to respond in any emergency situation timely and wisely.



The workshop was very informative. The students were taught about the Good Samaritan law, ways and methods to give CPR and check pulse of people of different age groups, how to identify and recognize different emergency situations etc. Apart from road safety, the students were also taught about how to respond in various other life threatening situations like, what to do in case of snake bite, dog bite, heart attack, cardiac arrest, epilepsy, attempted suicide by hanging, burns, drowning, excessive blood loss/bleeding etc.



The workshop proved not only to be very informative but also very interesting. The students gained knowledge in a very fun and interactive session. At the end of the workshop, students got an opportunity to ask their questions and clear their doubts. Thus, the workshop proved to be a success.

Anti-Leprosy Programme

19 February 2019

The NSS Unit of Shyam Lal College, University of Delhi organized a street play and a lecture on leprosy in collaboration with TLM Community Hospital. The programme was organized on 18th Feb'19, 12:30 pm onwards inside the college premises.



Many students, along with the teaching and non-teaching staff attended it. The main aim of the awareness programme was to sensitize the masses about the causes, consequences of leprosy and the discrimination which leprosy patients face in the society.



The programme was very informative. A short documentary was also screened. At the end of the session the students were given an opportunity to ask their questions and clear their doubts. Thus, the workshop proved to be a success.

Free Health Check-up Camp

9 April 2019

National Service Scheme of Shyam Lal College in collaboration with National Medicos Organisation organised a Health Check-up Camp in Hanuman Seva Basti, Jhilmil on 9th April, 2019. National medicos Organization (NMO) is a social organisation of doctors and students of allopathic (medical/dental) which works all over India. This was made possible mainly because of the support and guidance they received from their principal, Dr. Rabi Narayan Kar and NSS convener Dr. Kavita Arora, NSS Unit along with 23 volunteers from college. Our Convener Dr Kavita and teachers- Dr Seema, Ms. Suman Rani, Mr. Amit, Ms. Sumanjeet and Ms. Mamta were there to motivate the volunteers and helped the patients. A team of 4 doctors from NMO- Dr. Gautam Kumar, Dr. Abhishek Garg, Dr. Ashish Upadhyayand, Dr Ajay Chaudhary and 1 MBBS student were there for the camp.



A total of 138 patients were given free health check-up which included 71 females and 68 males including 5 under 5 children from which 8 patients were referred to health centres according to their health needs, which included 3 newly screened diabetics, 4 hypertensive emergencies, newly screened (system $>180\text{mmHg}$) and 1 recurrent epistaxis. Seva Bharti Organisation was also active providing with 4 senior volunteers for this good cause. The camp was a success with the team work from 3 different organisations. The aim was to provide free health facilities to the people devoid of them due to their financial condition. It was all possible because of the hard work and dedication of the NSS team.

Blood Donation Camp

10 August, 2017

A **Blood Donation Camp** was organized in collaboration with The Rotary club of Delhi Achievers on 10th August, 2017. The event was inaugurated by our Principal Dr. Rabi Narayan Kar and he stressed on the growing need of blood and commanded young volunteers for this noble act. 132 volunteers came forward to donate blood which included teaching, non-teaching staff, and student donor. At the end about 50-60 students and faculty members donated blood and were provided with Fruity and fruits as refreshments. The blood donors were given a blood donor certificate card. The blood donation gave inner satisfaction to the donors as said by them as they did their small bit for the betterment of society and were happy that someone's life might be saved due to it.



10 April 2019

A blood donation camp in collaboration with National Medicos Organisation was organised inside the college premises on 10 April. National medicos Organization (NMO) is a social organisation of doctors and students of allopathic (medical/dental) which works all over

India. This was made possible mainly because of the support and guidance they received from their principal, Dr. Rabi Narayan Kar and NSS convener Dr. Kavita Arora.



The main aim of the event was to encourage the students and staff members to donate blood. It was also to create awareness about how regular blood donations by a sufficient number of healthy people are needed to ensure that safe blood will be available whenever and wherever it is needed. Blood is the most precious gift that anyone can give to another person — the gift of life.

The students from NSS unit encouraged their fellow students to donate blood. More than eighty people donated blood. Female students who had haemoglobin levels below 12.5 grams per decilitre were further counselled for anaemia.



The event turned out to be a great success as many people turned out to donate.

Revival of Compost Pits

25 July 2018

Environment is an important aspect in the society we live today and it is equally important to maintain the natural balance. Regarding the same the NSS unit organized an event regarding the revival of compost pit of the college in the afternoon on 25th July.



Students, teachers and the non-teaching staff evaluated the already existing compost pit with the help of the gardener present in the college. Mixing of the required materials was done in order to mix oxygen and moisture into all the layers. It was made sure that the worms were added, pile was moist and the compost consisted of green (grass, leaves) and brown (dry leaves) both, in a suitable ratio; also including the biodegradable waste from the college canteen. It was also made sure that the compost has more small scrapes than the bigger ones, in order to fasten the process of decomposition.



The compost is sustainable not only because it cuts down on waste in the garbage amount but also offers a great top soil for the plantation of new trees and plants and a new small garden never hurts. It also reduces the use of fertilizers in the soil and provides a natural alternative.



The event was a success as not only the compost pits were revived but also the students gained a lot of knowledge about the compost pit and their benefits. The students were also encouraged to setup such compost pits near their houses or in their neighbourhood.



Sustainable Development by Tree Plantation

14 August, 2018

NSS unit organised a **Cleanliness and Plantation drive** on the occasion of Independence Day in accordance to the nationwide Swachh Bharat Abhiyan initiated by the Indian Government on 14th August. NSS Volunteers, students and teachers took a pledge to clean their college, homes, public places and surroundings and motivate other people around them to do the same.

The Principal Dr. Rabi Narayan Kar along with teachers and volunteers showed their active involvement in the drive and also conducted a rally for promotion of planting more plants in the environment. It was followed by plantation of 50 saplings in the college premises by college students and the teachers under the guidance of the college gardener.



Plantation of trees and plants aid in making the environment better. It is thus more helpful in order to restore the eco balance of the nature. The students were made aware of the importance of afforestation and were motivated to plant trees in their surroundings as well as ask their friends and family to do the same.

Self Defence Camp

13th February 2018

The NSS unit in collaboration with Skill Development Cell of Shyam Lal College, University of Delhi organized a self-defence camp for girls. The camp was held to boost up the self-confidence among girls and to make them prepare to fight back. The camp was a week-long event held during 5th February, 2018 to 12th February, 2018.



The camp was held under the guidance of Ms. Nupur Prasad (DCP, Shahdara); Dr. Ajit Kumar Singla (DCP, North-East) and Mr. Yudhbir Singh (Inspector, SHO, Shahdara) as our esteemed guests. Around 70 girls basically college students actively participated in the camp. The girls were provided with a new learning skill and a new experience to keep them safe.



The main aim for self-defence camp is to open up the source of freedom for girls. Building confidence in physical resistance skills allowing them to feel more capable and more at peace when in potentially dangerous areas as they know the proper technique to help fend off an attacker.

The spirit and dedication of learning shown up by a large number of girls lead to a huge success of the self-defence camp. It was designed to make the participants more aware, prepared and ready for any situation that may occur in their everyday life on any given day which would prove helpful for them.





Media Coverage

The initiatives taken under our project JAGRITI are acknowledged and well appreciated by print media as well as social media platforms. Several newspapers have made coverage of our endeavors and provided us motivation to further excel.



150 लोगों का स्वास्थ्य जांचा



झिलमिल स्थित हनुमान सेवा बस्ती में लगे स्वास्थ्य शिविर में जांच कराते लोग • जागरण

जागरण संवाददाता, पूर्वी दिल्ली : शाहदरा स्थित दिल्ली विश्वविद्यालय के श्यामलाल कॉलेज राष्ट्रीय सेवा योजना की टीम ने स्वस्थ समाज के उद्देश्य से दो दिवसीय निशुल्क स्वास्थ्य जांच शिविर लगाया। यह कार्यक्रम कॉलेज की एनएसएस टीम ने राष्ट्रीय चिकित्सा संस्थान (एनएमओ) तथा सेवा भारतीय के साथ मिलकर आयोजित किया। जिसका

उद्देश्य जरूरतमंद लोगों को स्वास्थ्य के प्रति जागरूक करते हुए उन्हें निशुल्क स्वास्थ्य जांच सेवा देना है।

कार्यक्रम में पहले दिन झिलमिल स्थित हनुमान सेवा बस्ती में स्वास्थ्य जांच शिविर लगाया गया। जिसमें विशेषज्ञ डॉ. गौतम कुमार, डॉ. अभिषेक गर्ग, डॉ. आशीष ठपाव्याय, डॉ. अजय चौधरी की टीम द्वारा 150 लोगों को निशुल्क स्वास्थ्य

जांच, चिकित्सा परामर्श और दवाइयां वितरित की गईं। दूसरे दिन एनएमओ और आरएमएल अस्पताल की टीम द्वारा कॉलेज परिसर में रक्तदान शिविर लगाया गया। यह कार्यक्रम प्राचार्य रवि नारायण कार, एनएसएस की संयोजिका डॉ. कविता अरोड़ा और सेवा भारती से डॉ. योगेंद्र, रमेश शुक्ला तथा छात्रों के सहयोग से सफलतापूर्वक संपन्न हुआ।

देशभक्ति से लबरेज दिखे कॉलेज के छात्र

जागरण संवाददाता, पूर्वी दिल्ली : शाहदरा स्थित श्यामलाल कॉलेज में सर्जिकल स्टूडेंट्स के दो दिवसीय कार्यक्रम किया गया। इस दो दिवसीय कार्यक्रम पूर्व के अवसर पर कॉलेज की नेशनल सर्विस स्कीम (एनएसएस) ने भोजपुर व विन्धन क्षेत्र प्रतियोगिता के आयोजन में भाग लिया। इस दौरान छात्र देशभक्ति से लबरेज दिखे।

कार्यक्रम का संचालन प्रधानाचार्य डॉ. रवि नारायण कर और डॉ. कविता अरोड़ा के मार्गदर्शन में किया गया। एनएसएस संयोजक डॉ. कविता अरोड़ा ने कहा कि पहले दिन दुनिया में पर रक्षा मंत्रालय द्वारा आयोजित कार्यक्रम में कॉलेज के 100 एनएसएस वालंटियर ने भाग लिया। जिसमें उनके द्वारा सेवा के जवानों की बहादुरी के लिए लिखे पत्र व कार्यक्रम रक्षा मंत्रालय को भेजे गए हैं। दूसरे दिन कॉलेज में हमारे जवानों द्वारा सर्जिकल स्टूडेंट्स पर भोजपुर और विन्धन प्रतियोगिता का आयोजन किया



शाहदरा स्थित श्यामलाल कॉलेज में सर्जिकल स्टूडेंट्स के दो दिवसीय कार्यक्रम का समापन • जागरण

गया। इसके बाद एनएसएस छात्रों की टीम ने कॉलेज परिसर में साफ-सफाई की और कॉलेज के अंदर व बाहर लोगों को पर्यावरण को साफ रखने का संदेश दिया।

इस अवसर पर सभी बच्चों व

कॉलेज स्टाफ ने देशभक्ति की भावना व उत्साह दिखाते हुए भाग लिया। कार्यक्रम को सफल बनाने के लिए प्रधानाचार्य ने एनएसएस की टीम, कॉलेज स्टाफ व सभी छात्रों का धन्यवाद किया।

Conclusion

The NSS Unit of Shyam Lal College consists of a team of students working hard towards the betterment of society not only inside the college premises but also outside (in the slums near the college). Our motto is to help every person in the places we could and to spread awareness on each and every trivial matter. Our aim is upliftment of the society and for the same our team has adopted one slum near our college and has conducted regular activities such as Free health check-up camp, free eye check-up camp, Cleanliness Campaigns, distributing and spreading awareness about the cons of using plastic bags and the pros of using paper or cloth bags. We also conducted a donation drive in the college and distributed the collected items as well as some blankets to the people in the slum. We provided an opportunity for children to go and visit a to an old age home to give a new experience to the students. A skit was presented by the team in the nearby Government schools to make them aware about hygiene and cleanliness of surroundings. We conducted some rallies inside and outside the college to promote cleanliness during which the students cleaned the roads and parks with brooms and collected the litter. We conducted some seminars and interactive workshops in the college regarding the topics of road safety and first aid and spread awareness on leprosy and the medical help one must avail for the same. We also collaborated with different societies of college conducting seminars regarding the future of the students and the possibilities. To help the people of Kerela, a donation camp was held and the collected items were sent to Kerela with the help of an NGO. Accordingly a book donation drive was organised and the donated books were sent to an NGO working towards the development of children. Blood donation camps were held and we are proud to tell that these drives were able to save the life of 9 people immediately. During these events, we did not ignore the environment, the most important aspect of society, and surveyed the compost pit of the college, revived it and added the necessary materials for the same. Our aim was to let students know about the importance of compost pits with its benefits. A plantation drive was organised under the guidance of principal Sir in which about 50 saplings were planted. For the safety of female students, a self-defence camp was organised. Our NSS team has worked with dedication and sincerity. We have kept our duty towards the team and the society their topmost priority and thereby created JAGRITI in and around college about wellbeing of everyone.

References:

- https://en.wikipedia.org/wiki/National_Service_Scheme
- <https://swachhbharat.mygov.in/>
- <http://nss.du.ac.in/index.html>
- <http://slc.du.ac.in/nssnational-service-scheme.php>
- NSS Unit, SLC Annual Report 2018-19

